

Baby Safety Checklist for Home

Kitchen

Childproofing

- Secure cabinet doors and drawers with baby-safe latches.
- Secure appliances, like the fridge and oven, with appliance latches.
- Keep cleaning tools and products locked up in cabinets or on high shelves.
- Remove sharp objects from reach, either by placing on a high shelf or locking in a cabinet.
- Unplug small appliances and keep out of reach.
- Keep dishwasher closed, with dishwasher soap locked in a cabinet.
- Be particularly careful with single-use pods, as these are easy for a child to pick up and try to eat.
- Stow the trash can in an inaccessible cabinet or use one with a child-safe lid.

Eating

- Do not leave child unattended in the highchair.
- Always use the buckles and straps while in the chair.
- Always supervise your child during mealtimes.

Burn Prevention

- Do not hold your child while cooking on the stove top or while opening or closing the oven.
- Keep plates and dishes away from countertop edges.
- Use splash guards on pans while your child is in the kitchen with you.
- Turn pot and pan handles toward the wall while cooking on the stove.
- Always be aware of hot liquids around your child.

Living Room

Childproofing

- Keep exposed cords wrapped up tightly with rubber bands or Velcro straps.
- Make sure your child cannot crawl behind TV's or entertainment systems.
- Use child safety plugs in outlets when not being used.
- Do not leave child alone within uncontrolled cords, such as the vacuum cleaner.
- Do not leave a baby or young toddler unattended on a couch or chair, both while awake or sleeping.
- Make sure small items are not within reach.
- Regularly clean up small debris with a vacuum or broom.

Bedroom

Crib and Sleep Safety

- Place your baby on their back to sleep.
- Do not put blankets, quilts, bumpers, pillows or stuffed animals in the crib.
- Check the crib hardware regularly – tighten if necessary.
- Keep crib away from window blinds and curtain cords.
- Lower crib mattress as child gets older to prevent them from crawling out.
- Ensure your child cannot reach a camera/baby monitor device with attached cords.

Room Safety

- Keep window blind cords up and out of reach.
- Ensure furniture will not tip over (attach to wall with brackets if necessary).
- Check carpet regularly for small items that could present a choking hazard.

Bathroom

- Do not leave your child unattended in the bathtub or shower at any time.
- Keep medications, shampoos and soaps out of reach.
- Keep the toilet lid closed when not in use.
- Keep cabinet drawers closed with child-safety locks.
- Keep house water heater temperature set to 120 F or below.
- Always fill the bathtub with water and check temperature prior to placing child in the bath to prevent burns.

General Home Safety

Windows

- Lock windows when not open.
- Do not leave a child alone in a room with an open window.
- Keep blind cords tied in a loose knot out of reach, either on a hook or slung over the blinds.
- Maintain screens – replace them if they have holes.
- Keep furniture away from windows.

Furniture

- Ensure that top-heavy furniture is attached to the wall.
- Keep handles and drawer pulls tight, so they cannot be removed by accident.
- Keep child away from workout/exercise equipment.

Stairs

- Use a baby gate on all stairs.
- Gates can also be used in door frames to keep children in or out of certain rooms.
- Do not let a baby or toddler go up and down the stairs unsupervised.

Fireplace

- Do not leave child unattended around a lit fireplace.
- Install a gate or keep doors closed on fireplace when not in use.
- Make sure smoke detectors and carbon monoxide detectors are in place and functional.