CONNECT



MORE



- You wake up and everything is opposite—what's your day like?
- What would your warning label say?
- What's a food you wish existed?
- How do you define success for yourself?
- If someone wrote a book about you, what would the title be?
- If you had your own emoji, what would it look like?
- What color best matches your personality today, and why?
- What's one thing that always makes you feel safe?
- What's something that helps
 you feel in control when you're
 stressed?
- If your thoughts were a playlist, what would the title be today?