

Tips for Finding Local Specialists in Your Community for Your Child

- ▶ **Ask your child's health care provider** for recommendations. If your child's doctor provided documentation for your child's special education evaluation, they will likely be very helpful in suggesting other local specialists.
- ▶ **Ask other families** what types of services they are finding in the community. You might need to find these families through local family support groups for your child's disability.
- ▶ **National advocacy groups for your child's disability.** These groups can help you find more local chapters that can connect with families and service providers.
- ▶ **Your Parent Training and Information Center.** They can help connect you with similar families as yours and let you know about local services and supports.
- ▶ **School staff.** There might be other people at your child's school and district that could be a good resource. They might have recommendations on local services that other families have tried.
- ▶ **Work and insurance providers lists.** Your work Employee Assistance Plan (EAP) might be able to help provide some connections to help your family with services. Your insurance provider also likely has lists of providers by specialty that you can review.
- ▶ **Hospitals/clinic directors and national professional organizations.** You can look at the lists of specialists in your area to get ideas of who to contact regarding your child's disability.