

Conversation Starters: Ideas for the Future

Here is a document to help your child develop ideas for their future. You can use the handout to start a conversation with your child.

- ▶ The first row is about your child's interests and skills.
- ▶ The second row is about careers they are interested in and education or training that might be on their horizon.
- ▶ The last row includes opportunities to discuss the lifestyle they envision such as:
 - Will they live at home, in a dorm or in an apartment?
 - Will they stay in the same town and if so, in what part of town will they live?
 - What type of transportation will they have?
 - How will they purchase and prepare meals?

Lastly, you can start generating a list of areas where your child might need help, such as additional skills or access to resources that your child's special education team may have.

My Future

My Interests:

My Skills:

Careers I am Considering

Education or Training I
am Considering:

Independent Living

Help I May Need to Reach
My Goals
