

Sleep Lab Checklist for Home Sleep Study Patients

Scheduled Home Sleep Study Date: _____

Patient: _____

Location: **14040 Hospital Road**
Boys Town, NE 68010

This is the “middle door” of the three visible entrances.

Phone: **531-355-6895**

Arrival time: **6:30 PM**

- Home sleep test device must be returned by **9:00 AM** the following morning. Please bring all items back. If unable to comply, please call to reschedule.
- Please attempt to keep the usual bedtime.
- No caffeine after 1:00 PM on the day of the study.
- No naps on the day of the study.
- Please call if you have fever, cough, shortness of breath or difficulty breathing. We can reschedule if needed. Please contact your physician with concerns about any of the above symptoms.

>> 531.355.6895
boystownhospital.org

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